

## **Constitution of “Cam’s Kids: Lakehead University Orillia Student Chapter”**

### **1. Name**

The official name of this recognized student group is “Cam’s Kids: Lakehead University Orillia”

### **2. Purpose and Objectives**

The purpose, objectives, mission and/or mandate of organization is outlined here:

- At Lakehead University Orillia, we never underestimate the power and impact of student groups who want to see change. Cam’s Kids is a national not-for-profit organization that is committed to supporting young people struggling with anxiety and promoting mental health awareness. Started in 2016, the foundation now has chapters of student ambassadors at 21 different Canadian universities and colleges. According to the Centre for Addiction and Mental Health (CAMH), anxiety is the most common mental illness that impacts young adults. Cam’s Kids aims to help lessen this burden on adults by providing the resources to help students support and empower one another. By running events and fundraisers to raise awareness and provide support, we strive to create a web of interdependence to lessen the burden of everyday anxieties on children and young adults.

### **3. Membership**

- The membership fee will be \$0 per year.
- For recognition by the Lakehead University Orillia’ Union (LUSU), the group must maintain a minimum of 5 members, a total of 51% of membership are Lakehead University Orillia members. These requirements are subject to change and should be checked with LUSU annually to ensure qualifications are met.

### **4. Executive List and Duties**

- The executive committee can be composed of nine (5) elected officers. These include two (2) Co-Team Leads, one (1) Secretary, one (1) Social Media Coordinator, and one (1) Treasurer.

#### ***The Co-Team Leads shall:***

- Oversee the operations, management and success of the group

- Be the primary person of contact between the group and the University and the Cam's Kids Foundation
- Be the spokesperson for the group
- Hold signing officer authority along with the Treasurer for financial purposes
- Preside over board meetings as well as general meetings
- Ensure transition of office to the future Executives

Additional responsibilities may include:

- Training and assisting other Executive members when applicable

***The Secretary shall:***

- Attend all meetings and take detailed notes during the meetings
- Share the meeting minutes with the group following the meeting
- Keep track of important dates such as events, meetings, etc.
- Send reminders to the group about upcoming events and meetings

***The Social Media Coordinators shall:***

- Manage the Cam's Kids Facebook page (not applicable as of right now) and Cam's Kids Foundation Instagram Highlights
- Write descriptions about and advertise Cam's Kids Foundation events across all available social media platforms
- Promote on- and off-campus mental health resources with the help of the information
- Work alongside the Social Media Coordinator to promote and connect students with on- and off-campus mental health resources
- Promote engagement between Ambassadors and the National Team by sharing information with the groups
- keep up-to-date with event information for promotion
- promote and connect students with on- and off-campus mental health resources

Additional responsibilities may include:

- Reaching out to and connecting with other Cam's Kids University Student Chapters to discover what other clubs are doing and share this information with the group

***The Treasurer shall:***

- Record all financial transactions of the club
- Maintain a budget of income and expenses along with receipts
- Advise members on the financial position of the group
- Maintain communication with the National Cam's Kids Coordinator regarding funding for events

## **5. Termination of Executives or General Members:**

Any member of the club who commits an act negatively affecting the interests of the club and its members, including non-disclosure of a significant or continuing conflict of interest, may be given notice of removal. The member up for removal shall have the right to defend his/her actions. A vote will be held at an executive meeting, and a two-thirds majority vote of the current executives present in favor of removal is required. The member must have the right to an appeal before the general membership, and the majority vote of the general membership will have the final say on the matter.

The member will be removed from the club's membership and will lose any privileges associated with being a member of the club.

Executive members are subject to the same termination or impeachment process and, as determined by the vote, may lose their executive position along with their membership to the group.

## **6. Finances**

- The Treasurer shall keep records of all income and expenses. The Treasurer shall present the group's financial health at the general meetings. The Executive Committee will vote on expenditures of over \$100.00 by majority vote at an executive meeting.
- No salary shall be paid to any club members
- Money will be used for event supplies, marketing purposes, and any other area deemed important by the organization. No money shall be used for purposes other than for the organization.

## **7. Meetings**

*Ambassador Meetings:*

- The group shall hold Ambassador at least three times per academic term (about once a month)
- The Executive Committee will announce these dates two (2) weeks prior to holding the meetings. These meetings are intended to go over the group's activity plans, financial health and propose or vote on constitutional amendments, if any. Ambassadors are free to discuss any opinions/suggestions/concerns they may have.

#### *Executive Meetings:*

- The executive committee shall meet on a biweekly basis. The date and time of these meetings will be discussed at the beginning of the academic term by the executives. Executive meetings will consist of plans for upcoming events and projects, financial updates by the Treasurer, and any other discussion matter related to the organization.

### **8. Amendments**

- Any registered **Lakehead University Orillia** students may propose and vote on amendments to this constitution. The Executive Committee will administer the process of having amendments discussed at general meetings.
- Constitutional amendments shall require a 2/3 majority to be passed at Annual General Meetings by registered **Lakehead University Orillia** members in attendance.

### **9. Other Notes**

- The Executive Committee shall formally adopt the new constitution and submit the revised constitution to the respective University offices (i.e. The **Lakehead University Orillia**' Union, etc) within two (2) weeks of its approval by general members.